

# Heat Policy

Children's and Staff members safety and Well Being is a priority at St Pius X OSHC. During extreme heat the program will be modified and children will be actively taught how to look after themselves during hot weather.

## HOW POLICY WILL BE IMPLEMENTED

- Children will be encouraged to drink water regularly during warm and hot weather. Water will also be provided at the service and also on excursions.
- Children and staff must wear hats outdoors and will be encouraged to wear appropriate clothing.
- If the temperature exceeds 35 degrees outside play will be restricted while the temperature exceeds this temperature.
- Staff will be rotated regularly if they are supervising outside on hot days.
- Staff will use the Bureau of Meteorology or an associated app to determine the temperature at any given time
- The air conditioned gym will be used (where possible) to provide active play for children while the temperature is high
- While engaged in active play the children will be encouraged to take frequent drink breaks
- On hot days staff will get children to store their lunches inside in the air conditioned room.
- Summer vacation care excursions will be programmed to withstand very hot days. Therefore the excursions are likely to be modified or shortened, rather than cancelled. However, there may be certain extreme days where the staff deem it safer to cancel the excursion. In most cases an alternative excursion to an indoor air conditioned locations, such as ten pin bowling will be organised.
- While on outdoor excursions in summer children will be encouraged to drink water frequently and seek shade
- Spray bottles will be taken on outdoor excursions to spray children and adults to cool them down
- Buses will be on standby on hot excursions so that the group can leave immediately if the conditions are deemed to have become unsafe.